

# MIRROR NEWSLETTER

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## ABOUT US

### MISSION

To advance musculoskeletal injury (MSI) rehabilitative care and capacity building within the military health system and reduce the burden of MSI on military readiness.

### VISION

To be the world's leader in military-relevant MSI care.

Musculoskeletal Injury Rehabilitation Research for Operational Readiness (MIRROR) delivers high value research, education, and training, and provides infrastructure to rapidly execute clinically relevant MSI studies within the Military Health System (MHS). MIRROR supports a broad scope of projects, including epidemiological investigations, pilot trials, and prospective randomized multisite clinical trials, which will enhance the Department of Defense's (DoD) efforts in addressing the negative impact that MSI is having on the military.

## RECENT HIGHLIGHTS

### Name Change

*We have changed our name!* In Q4 2019, the CMIRR (Collaboratory for Musculoskeletal Injury Rehabilitation Research) will become **MIRROR** (Musculoskeletal Injury Rehabilitation Research for Operational Readiness). This change was made to more accurately convey the Collaboratory's mission to improve operational readiness.

### Reminders

Any external communications (e.g. publications, press releases, abstracts, posters), will require Public Affairs Office (PAO) approval from the Uniformed Services University (USU). Please remind your internal teams that external communications must first be provided to Mrs. Linzie Wagner and Dr. Brad Isaacson prior to externally releasing.

## Progress Meetings

As we continue to operationalize MIRROR projects, we will be implementing bi-monthly progress meetings with individual teams. This will serve as an opportunity to discuss upcoming personnel hires, regulatory reviews, procurement and budgets, as well as reporting roadblocks impacting the clinical study. Please be on the lookout for a meeting request in early September 2019. Most projects are on track to go live by the first of the year – we thank you for your hard work!

## UPCOMING EVENTS

### Military Health System Research Symposium – August 18-22, 2019

- ▶ The MIRROR team will be attending the Military Health Research Symposium (MHSRS) in Orlando, Florida from Sunday, August 18, through Thursday, August 22, 2019. Please reach out to Sydney West ([sydney.west.ctr@usuhs.edu](mailto:sydney.west.ctr@usuhs.edu)) if you plan to attend. We'd love to say hello!

### International Symposium on Regenerative Rehabilitation – October 24-26, 2019

- ▶ The USU Department of Physical Medicine and Rehabilitation is excited to be co-hosting this event with the University of Virginia. For more information and to register, please visit the Symposium's website at <https://ar3t.pitt.edu/symposium/>. If you plan on attending this event, please let us know by sending an email to Sydney West ([sydney.west.ctr@usuhs.edu](mailto:sydney.west.ctr@usuhs.edu)).

### Annual MIRROR Team Meeting at USU – TBD (Spring 2020)

- ▶ We are excited to be hosting our Annual MIRROR Steering Committee Meeting at USU in March or April 2020. Keep an eye out for an invitation to this event, as it will be an important gathering of all MIRROR team members. Our core team will be reaching out in the near future to assist with travel arrangements. Questions about this event can be sent to Sydney West ([sydney.west.ctr@usuhs.edu](mailto:sydney.west.ctr@usuhs.edu)).

## FOCUS AREAS

- 1) Identification, prevention, and treatment of MSI risk factors and comorbid disorders.
- 2) Optimization of standard of care practices for the treatment and rehabilitation of MSI injuries.
- 3) Establishment of strategies to mitigate injury occurrence.
- 4) Application of new technologies in preventative and rehabilitative care.

## QUESTIONS?

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