

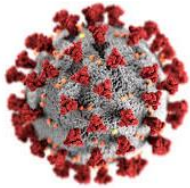


### ABOUT US

[mirrorusuhs.org](http://mirrorusuhs.org)

Musculoskeletal Injury Rehabilitation Research for Operational Readiness (MIRROR) delivers high value research, education, and training and provides the infrastructure to rapidly execute clinically relevant musculoskeletal injury (MSI) studies within the Military Health System (MHS). MIRROR supports a broad scope of projects, including epidemiological investigations, pilot trials, and prospective randomized multisite clinical trials, which will enhance the Department of Defense's (DoD) efforts in addressing the negative impact that MSI is having on the military.

### RECENT HIGHLIGHTS



#### COVID-19 Update – Antibody Testing

The Geneva Foundation, in partnership with the Broussard Family Foundation, donated \$41,250 to fund 1,900 COVID-19 Antibody Test Kits to support research activities at MIRROR sites. For more information about these test kits, please contact [Dr. Brad Isaacson](#).

#### MISSION

*To advance musculoskeletal injury rehabilitative care and capacity building within the military health system and reduce the burden of MSI on military readiness.*

**12**

*Projects have received IRB approval at their primary sites*

**10**

*Active projects out of 33 protocols in the MIRROR portfolio*

**600**

*Participants enrolled across all active projects*

**6**

*MHSRS abstracts accepted for presentation*

**7**

*Grant pre-applications accepted from CDMRP as prime and subawardees*

- **Mass recruitment** at USAFA brought in the first **439 participants** for Project #6, "Early Identification of Glenohumeral Pathomorphology to Prevent Recurrent Shoulder Instability." Mass recruitment at USMA is scheduled to take place later this month. Congratulations to PI LTC Jon Dickens and the Project #6 study team on this exciting achievement!

#### VISION

*To be the world's leader in military-relevant MSI care.*

- **Congratulations** to the Kessler Foundation team (Dr. Gerry Malanga, Dr. Trevor Dyson-Hudson, Dr. Nathan Hogaboom, and Ms. Shalaka Paranjpe) on their **first participant recruited** for Project #11, "Use of Autologous, Micro-Fragmented Adipose Tissue to Treat Meniscal Injuries in Active Duty Military."
- An article co-authored by the MIRROR core team was recently **accepted for publication in *Military Medicine***. "Standardizing Postoperative Rehabilitation Protocols for the Tri-Service: A Consensus Meeting Hosted by the Musculoskeletal Injury Rehabilitation Research for Operational Readiness Organization" provides an overview of the themes that came out of the first-of-its-kind event hosted in January 2020.
- **Data analysis started** for Project #1 to understand epidemiological trends for musculoskeletal injuries.

### NEW TEAM MEMBERS

<b>Jacob Dowe</b>	Research Assistant at USNA
<b>Lauren Gornoski</b>	Research Physical Therapist at WAMC
<b>Jessica Hamilton</b>	Radiologic Technologist at USAFA
<b>Saralee Johnston</b>	Project Coordinator II (Core Team)
<b>Shelby Peel</b>	Post-Doc at WAMC



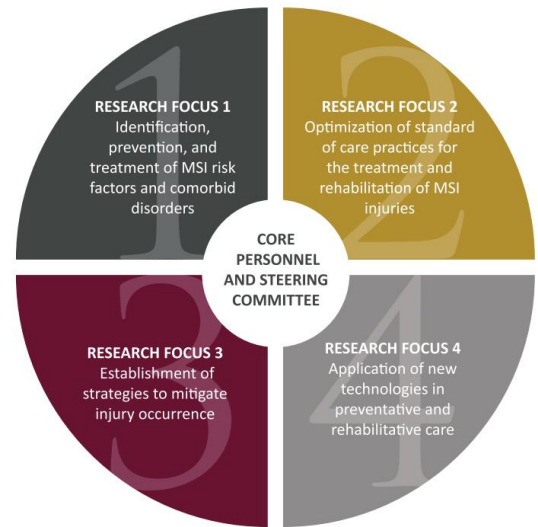
## REMINDERS

**Regulatory Modifications:** Please remember that all modifications (e.g. changes to personnel, protocol and/or consent documents, data collection forms, etc.) should be sent to [Mrs. Whitley Lucio](#) prior to submitting to your IRB.

**External Communications:** All publications, press releases, abstracts, posters, etc. that are supported by MIRROR require Public Affairs Office (PAO) approval from the Uniformed Services University (USU) before being released. Please provide all external communications to [Mrs. Linzie Wagner](#) and [Dr. Brad Isaacson](#) prior to externally releasing.

**MIRROR Activities & Accomplishment Tracker: *We want to hear from you!***

Please use the link above to share any project activities and accomplishments with the MIRROR Core team. Such activities include but are not limited to: abstracts, awards, accepted publications, book chapters, trainings/education, invited speaking engagements or presentations, and other activities related to your project(s). We are gathering this information in order to share on our website, with our stakeholders, and for dissemination among the USU community at large. This survey will be sent out as part of our bimonthly status calls for each of our projects, but please be sure to share your activities and accomplishments with us as they occur!



## CORE TEAM CONTACT LIST

Please feel free to reach out to any member of the MIRROR Core team with any program- or project-related questions:



[Nelson Hager](#)

Director



[Brad Isaacson](#)

Chief of Research and Operations



[Linzie Wagner](#)

Program Manager



*Please welcome*

[Saralee Johnston](#)

*our new Project Coordinator III!\**

[Whitley Lucio](#)

Regulatory Affairs Manager



[Alexis Fowler](#)

Regulatory Affairs Coordinator



[Robert Dalgarno](#)

Data and Analytics Manager



[Sydney West](#)

Program Administrator



*\*Saralee joins the MIRROR Core team with more than 13 years' experience working in healthcare. Most recently having managed the research grants application process for a large healthcare system, she is excited for the opportunity to help operationalize research in military medicine.*

